

ROTARY CLUB OF PENRITH VALLEY INC. BULLETIN



Rotary International

President

K.R. "Ravi" Ravindran

District 9685 Governor

Gina Growden

Chartered 20th May 1977

P O Box 267 Penrith NSW 2751 www.penrithvalleyrotary.org

ROTARY CLUB OF PENRITH VALLEY INC.

Meets Wednesday at Penrith Panthers, 6.30 for 7.00 pm

CLUB DIRECTORY 2015/2016

President: Peter Murray
Pres.Elect: Sarah Whereat
Secretary: Glenn Reinhard
Treasurer: Armand Sukhla

Directors:
Club Administration: Sarah Whereat
International & Foundation: Neil Williamson
Public Relations: O'Brien Wyngaard

Immediate Past

President: Chris Dallen
Vocational: Jean Vranich

Service Projects: Eddie Vidal
Youth: Terry Davies
Membership: Gayl Mallett

COMMITTEES AND CLUB ADMINISTRATION

Sergeant: Keith Wakefield
Attendance & Venue: John Gollings
Welfare Officer: Robyn Burton
Social Director: Dario Poles

Child Protection Officer &
Risk Management: Mario Bellantonio
Program & Club Calendar: Armand Sukhla
Public Officer & Club Historian: Keith Wakefield

SERVICE PROJECTS: (Chair: Eddie Vidal)

COMMITTEE: Jim Aitken, John Gollings, Dario Poles, Barry Preskett, Debbie Price, George Rabie & Armand Sukhla

PUBLIC RELATIONS: (Chair: O'Brien Wyngaard)

COMMITTEE: Andrew Mizzi

CLUB MEMBERSHIP: (Chair: Gayl Mallett)

COMMITTEE: Elizabeth Aitken & Chris Dallen

VOCATIONAL: (Chair: Jean Vranich)

COMMITTEE: Robyn Burton, Peter Murray, Glenn Reinhard & Joanne Willott

INTERNATIONAL & FOUNDATION: (Chairman: Neil Williamson)

COMMITTEE: Mario Bellantonio, Arthur Harris, Sachint Lal, Shiva Prakash, & Keith Wakefield

YOUTH: (Chairperson: Terry Davies)

COMMITTEE: Shamus Davies, Alex Donaldson, Glenn McFall & Sarah Whereat

HONORARY MEMBERS:

Merilyn Beach, John Brown, Bruce Chenery, Kathy Gal, Denis Green, Jim Honess, Julie McElrea, Joe Rees, John Wakeling, Tom Walsh, Geoffrey Munyeme, Andrew Rios, Linda Rios, Noor Vellani

Tonight:

“World’s Greatest Meal” - Partners Night ++

Dr. Shailaja Chaturvedi, - Consultant Psychiatrist, and the topic
" **Unhappy or Depressed** ".

Fellowship, Vote of Thanks & Chocolate Biscuit Duty Roster:

- 21st **John Gollings**
- 28th **Arthur Harris**
- 4th Nov **“B” Sachint Lal**

Door and Weekly Dues Collection Roster:

- 21st **Elizabeth Aitken +**
- 28th **Jim Aitken**
- 4th Nov **Mario Bellantanio**

Club Banners Roster: Sergeant Keith plus Helpers please!

- Birthdays: 13th - **Lyn Vidal**
 18th - **Eddie Vidal**
 25th - **Jan Prakash**
- Anniversaries: 10th - **Keith & Bev Wakefield**
 28th - **Armand & Carole Sukhla**
 + **Gayl Mallett & Peter Simshauser**

Coming up

- Thur 22nd **Movie preview night “Bridge of Spies”**
- 24th/25th & 31st/1st **Harvey Norman BBQs**

Meeting 14th October 2015

The meeting began on time well done again President Peter

Welcome to our guests Belinda Erich , Donna Hildon & Guest speaker Jodi Cowell.

Apologies – Shamus, Dario, Barry, Eddie, Sarah, Armand & Joanne

The photo from last bulletin was **Jean** – WHAT A CUTIE & well done to John

Gollings a bottle a red coming your way..

Lots of Publicity for “Cuddle Cot” & our trusty FRONT page of Penrith Press
President—Peter who also made it on to page 5 & 9—that has to be a first for Penrith
Valley Rotary well done .

Cuddle Cot will also feature in RDU so keep your eye out.

Secretary: GLENN R – Correspondence

⇒ ARH Christmas event 9th Dec at The Epping Club “ An Evening with Fay Jackson”



⇒ AMS Australia—Free Men’s Health Seminar on 27th Oct 2015 at Penrith Golf Club all welcome book by calling 1800642369 (presenter Local Urological Surgeon Professor Mohamed Khadra.

⇒ Letter from previous Guest Speaker—”Stop the Traffik” - Libby Sorrell thanking Penrith Valley Rotary for our donation & a great evening.

⇒ Kingswood South P.S. Presentation day award request.

Vocational Director – Jean

Nepalese Earthquake victims support concert at Riverside Theatre Parramatta
Friday 20th Nov 2015 - \$45 a head. Dario is away for a few weeks so please
confirm who is attending to Jean.

ARMAND – absent with a health scare—mini stroke ? Our thoughts are with you.

We need you to get well soon—there are cheques to pay , Onions to slice & Books
to sell - seriously we ALL do wish you a speedy recovery mate.

Wendy Honess has had a fall & broken a Hip & Joanne has a serious Staph
Infection creating all sorts of issues for her arm. –GUYS get well soon.

Our thoughts are with you all.

Youth Report : GLENN Mc F.

2 candidates for this year's RYPEN to be held on the Northern Beaches Jaqn 29—
Jan 31.

International Director: NEIL –

On Thursday 22nd October movie night at Glenbrook theatre. Tickets are \$20.
There will be nibbles and champers at Glenbrook school at 6pm prior to the
“Bridge of Spies” (Tom Hanks) . **Please contact Neil as soon as possible with
numbers.**

Arthur—Thanks to Jean , Eddie, Alex & Neil for donating T Shirts for the Homeless
Community—Terry

Eddie mentioned last week we are involved in “**Graffiti Day**” - NOT creating
Graffiti BUT cleaning it off . This event / Day is organised by Bob Aitken & is a ma-
jor event with participation by many organisations & of course Rotary clubs .In
Penrith CBD cleaning local premises in Allen Place & surrounds + St Marys is also
targeted to clean up. (see next page)







Australian Government
Organ and Tissue Authority

donate life



Discover the facts about organ and tissue donation

Register your decision on the
Australian Organ Donor Register



www.donatelife.gov.au

Guest Speaker: **Jodi Cowell** -Organ Donation Specialist Nurse based at Nepean Hospital & responsible for Western Sydney for the last 3 years.

Jodi is a dedicated professional who is trying to make everybody aware of the legislation & what happens in real life.

Please look at the web site

www.donatelife.gov.au

Jodi provided a leaflet (photo above) titled “Discover the Facts about organ & tissue donation” for all to take & hopefully register their wish to provide their organs / tissues as a donor. (Back page of the leaflet has the Registration for you to complete.)

You need to complete the NEW Registration form as the Tick on your Licence is no longer valid.

Jodi informed there were only 378 people who donated organs / tissues in the prior year & when you consider we had almost 24 million residents $378 / 24000000 = \text{UNBELIEVABLY SMALL}$ amount.

Your Next of Kin have the right to rescind / overrule your wishes.

ALL donors—potential donors need to communicate their wishes to their next of kin so they are fully informed prior to your unfortunate demise.

Australia is NOT equipped to handle organ / Tissue donations from accidental death victims. If you die as a result of a Motor Vehicle accident then you are Not suited as a donor unless you were alive when transported to Hospital & were on life support when you died.

Organs / Tissues are harvested from people in Hospital on Life support only. This is due to the need for your organs/ tissues to be oxygenated & to be able to remove the items quickly—storing them for a very short time as organs need to be transplanted immediately— tissues can be stored & we have Banks set up to do this.

Sydney Heart Valve Bank ,

NSW Bone Bank &

Lions NSW Eye Bank.

Jodi's Message is clear & simple

Discover—The Facts,

Decide—Make an informed decision

Register— your wish to participate.

Discuss— With those close to you & know each others wishes.

We simply need to dispel all the myths & let everybody know the “Facts” that Organs & Tissues can save lives & the Donor is not left in a horrible disfigured state & NO Life support is NOT switched off prematurely so harvesting can occur.



Australian Government
Department of Human Services

medicare

For more information

For more information about the Donor Register go to humanservices.gov.au/organdonor or call 1800 777 203

Note: Calls from mobile phones may be charged at a higher rate.

Returning your form

This form can be returned:

- to a Medicare Service Centre
- by folding and posting, or
- by fax to: 1300 587 189

Your decision

1 I want to (tick one box only):

- register myself on the Donor Register
- change my donation decision details on the Donor Register
- be removed from the Donor Register
- register my decision not to be a donor

Your details

2 I authorise my donor registration to be linked to my Medicare record

Your Medicare card number

- - Ref no.

Tick to authorise if Medicare card number not known/available

3 Donor registration number (if known)

R - -

4 Mr Mrs Miss Ms Other

Family name

Given name

5 Date of birth / /

6 Your sex Male Female

1397.1208—8

MOISTEN HERE

Australian Organ Donor Register

New registration, change or removal of donation decision details

7 Permanent postal address

Postcode

Note: Where your organ donor registration is linked to your Medicare record, this address will be used to update the Medicare record for everyone on your Medicare card.

8 Daytime phone

number

Email

@

Organ and tissue donation

9 I wish to register my consent to donate the following organs and/or tissues for transplantation, in the event of my death. (Tick 'All' or as many as apply):

- All Bone tissue Eye tissue Heart
- Heart valves Kidneys Liver
- Lungs Pancreas Skin tissue

Declaration

10 Please register me, change or remove my details on the Australian Organ Donor Register.

- I give permission for the details I have provided to be actioned on the Donor Register
- I have discussed this decision with my family, partner or friend
- I am aware that I can change my donation decision details at any time.

Signature

Date

/ /

Privacy notice

Your personal information is protected by law, including the Privacy Act 1988, and is collected for a Social Security, Family Assistance, Medicare, Child Support and CRS purpose, depending on the service or payment concerned. This information may be required by law or collected voluntarily when you apply for services or payments. Your information is used for the assessment and administration of payments and services and may also be used within Human Services, or disclosed to other parties or agencies, where you have provided consent or it is required or authorised by law. You can get more information about privacy by going to our website at humanservices.gov.au/privacy or requesting a copy of the full privacy policy at any of our Service Centres.

***This week's
mystery photo.***

Younger Days

New photo so get your thinking caps on to guessed who this is!

(This will test you)



Raffle: 1st Donna Hildon 2nd Peter M.

H& T: Peter can do no wrong M.

PAST PRESIDENTS

1977/78	Arthur Bennett	1990/91	Malcolm Beach	2003/04	Graham Wilson
1978/79	Phil Magee	1991/92	Alan Richardson	2004/05	Alex Donaldson
1979/80	Ray Waters	1992/93	John Brown	2005/06	Linda Rios
1980/81	Denis Green	1993/94	Jim Aitken	2006/07	Dario Poles
1981/82	Bert Bragg	1994/95	Barry Preskett	2007/08	O'Brien Wyngaard
1982/83	Shiva Prakash	1995/96	John Tourish	2008/09	Ron Norman
1983/84	Arthur Harris	1996/97	Graham Beckett	2009/10	Graeme Butler
1984/85	Mario Bellantonio	1997/98	Max Shepherd	2010/11	John Gollings
1985/86	Tony Robinson	1998/99	Armand Sukhla	2011/12	Catrina O'Kane
1986/87	Lou Gal	99/2000	Terry Davies	2012/13	Jean Vranich
1987/88	Tom Walsh	2000/01	Jim Honess	2013/14	Don Mackenzie
1988/89	Keith Wakefield	2001/02	Noor Vellani	2014/15	Chris Dallen
1989/90	Sachint Lal	2002/03	Glenn Reinhard		

PAUL HARRIS FELLOWS

Up to 1st July 2015 the Rotary Club of Penrith Valley has awarded Paul Harris Fellowships to, or has the following as members who are PHFs:

Elizabeth Aitken, Jim Aitken, Dr Al_Khhawaja, Charles Ancheta, Malcolm Beach, Marilyn Beach*, Graham Beckett, Mario Bellantonio, Arthur Bennett*, Jane Bennett, John Boccanfuso, Bert Bragg, John Brown, John Buchtman, Robyn Burton, Eileen Cammack, Bruce Chenery., Sheila Cunliffe, John Daly, Terry Davies*, Alex Donaldson*, Arthur Downes, Phil Fehon, Margaret Fenech*, Jim Freeburn, Lou Gal*, Maggie Giddens, John Gollings, Denis Green*, Jim Honess, Phyllis Jenkins, Sue Kingsbury, Dipak Kumar, Dr Sachint Lal* Tony Lauer, Julie McElrea, Andrew Mizzi*, Peter Murray, Dr Ralph Nanan, Dario Poles, Dr Shiva Prakash, Barry Preskett*, Helen Redler*, Joe Redler*, Glenn Reinhard*, Marjorie Ross, Max Shepherd, Armand Sukhla, Dr Noor Vellani, Jean Vranich, Luciano Vranich., Keith Wakefield*, Helen Wakeling, John Wakeling*, Tom Walsh, Sarah Whereat, Graham Wilson, O'Brien Wyngaard

* *Sapphire Pins*

Monday	Nepean	Penrith Valley Inn	7.00 for 7.15am
	Penrith	Penrith Panthers	6.30 for 7.00pm
	Richmond	Richmond Club	6.30 for 7.00pm
	Springwood	Springwood Sports Club	6.30 for 7.00pm
Tuesday	Lower Blue Mountains	Emu Plains Sporting & Recreation Club	6.30 for 7.00pm
	St Marys	St Marys RSL & Ex-Servicemen's Club	6.00 for 6.30pm
Sunday	Vinegar Hill	Griddle Restaurant, Rouse Hill Town Centre	4.00pm

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprises and in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

PENRITH VALLEY

The 4-Way Test

1. Is it **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**
4. Will it be **BENEFICIAL** to all concerned?

Rotary Grace

O Lord, The giver of all good
We thank Thee for our daily food
May Rotary Friends and Rotary ways
Help us to serve Thee all our days
(© Rotary International 1946)